

THE WHITFIELD



SPIRIT



For Members and Friends of Whitfield Memorial United Methodist Church
June 4-June 10, 2017

Abundant Life

Dear Whitfield Family,

Hello to my brothers and sisters in Christ. Recently, the following list was shared with me. This list provides recommended actions that promote emotional, mental, physical and spiritual well-being. May it be a helpful tool for you. Please feel free to share this list with others who would find it helpful, as well.

Pray

Attend/participate in worship services and church activities

Enjoy Sabbath rest

Do specific actions that are helpful to others

Speak encouraging words to others

Write letters and cards to others

Write or dictate memory books for your children, grandchildren, great-grandchildren or others

Make memory boxes for your family and friends

Cook a meal to share with others

Say five positive things about yourself and others daily

Talk with others daily

Hug yourself and others daily

Visit and share positive conversation with family and friends

Clean/organize your home; welcome family and friends into your home

Participate in activities with family and friends

Reconnect with friends from previous seasons of life

Smile at others

Look in a mirror and smile

Laugh

Say "I can" and "I will"

Garden inside or outside; share flowers/produce with others

Enjoy the beautiful sights and smells of nature in solitude and with others

Create something for yourself and others

Learn something new weekly

Participate in a new activity weekly

Participate in enjoyable and productive activities

Join an exercise class and/or travel group

Read or listen to a book; join a book club

Read a newspaper and/or magazine and discuss with others

Watch the news and discuss with others

Work puzzles

Regardless of the season of life or circumstances of life in which we find ourselves, God desires for each of His beloved children to experience abundant life. He desires for us to be filled with abiding joy and share that joy with others. He desires for our seemingly ordinary moments and days to be extraordinary. He desires for us to treasure the gift of life that He has given us and live life to the fullest, moment by moment and day by day. Thanks be to God for the gifts of life and abundant life in Him!

Thankful for abundant life,

Carolyn

"The thief comes only in order to steal and kill and destroy. I came that they may have and enjoy life, and have it in abundance."

John 10:10

Weekly Focused Corporate Prayer: Please pray for our Annual Conference gathering, which will take place this Sunday through Wednesday, June 4-7, at Frazer Memorial United Methodist Church.

Reception for Robbins Sims

The Montgomery-Opelika District invites you to a reception honoring our District Superintendent, Rev. Dr. Robbins Sims and his wife Nell, for their years of service to our district.

The reception is on Sunday, June 11, 2017, from 3:00 until 5:00 p. m. at Aldersgate UMC's Christian Activities Center.

Grateful!

How truly grateful I am to have such wonderful friends in Christ from Whitfield. Your cards, calls & prayers during the loss of my mother have been heart warming & I truly appreciate your support.

Love to all of you, Carol Reynolds

Primetimers

Will meet this month on Thursday, June 8 at 11:30 a.m. at Sinclairs on Vaughn Road. Please call Norma Prater at 272-8474 to RSVP.

Calling all SUPERHEROES!!!

VBS workers are needed for all areas.

Please see Patty to get your assignment!

VBS Hero Central: Discover Your Strength in God! **June 12-15, 5:30 - 8:00 PM**



Communion Rail Offering - June 4

Annual Conference Missional Offering

This year's recipients of the 2017 Missional Offering for the Alabama-West Florida Conference are local mission agencies. They are: The Ark, Dumas Wesley Community Center, Mary Ellen's Hearth, Milk and Honey Outreach Ministries, United Methodist Inner City Mission in Mobile, and Pensacola United Methodist Community Ministries.

All of these ministries are serving as the hands and feet of Christ and the least of these in our world.

You may place your check in the offering plate or bring it to the church office. We will present our offering at the Opening of AI-WF Annual Conference on June 4, 2017.

Attendance May 28, 2017

Sunday School 61 Morning Worship 103

Wednesday Night Dinner WILL RESUME SEPTEMBER 6, 2017

Pentecost

This Sunday, June 4, will be our Pentecost Ministry Celebration.

Also, please remember to **WEAR RED** in celebration of the Spirit!



Pentecost Sunday represents an ending as well as a beginning: the end of the "Great Fifty Days" of the Easter Season (Pentecost means "the 50th day" in Greek) and the beginning of the commemorations of the early church. Pentecost also gives us an opportunity to ask ourselves the question, "What are we 'on fire' about?" ~ from UMC.org

Blue Lake United Christian Ashram

The Christian Ashram in Alabama will be held August 4 - 6, 2017 at Blue Lake Conference grounds. This gathering was created by visionary missionary E. Stanley Jones and involves the whole family in spiritual renewal.

To register, contact Barbara Pickard:

barbarapickard@gmail.com or visit <http://www.christianashram.org/> to request more information about the Blue Lake Christian Ashram.

Wesley Heirs

Fall Gathering

October 10-11, 2017—Blue Lake

Wesley Heirs will host their **Fall Gathering** from **October 10 - 11, 2017**, at **Blue Lake**. They will have a "getting to know you" session with **Bishop David and Mrs. Graves**. Bishop Graves will also preach at the Memorial Service on Wednesday morning.

ALTAR FLOWERS

The flowers on the altar for June 4 are offered to the Glory of God and in memory of Blenda Lushington by Joy Lushington.

WEEKLY SCHEDULED EVENTS		From the Youth....
Sunday, June 4		<p>School is out, the sun is out, and summer is in! We have some fun things for our youth this summer. Each Tuesday we will meet for Bible Study and fellowship. Each weekend, either on Friday or Saturday, we will meet for some fun things, including some Biscuits Baseball, Rockin' Jump, cook outs, a trip to the Holy Land (yes!) and an End of the Summer Lock-in.</p> <p>June Dates: June 2 - Summer Kick-Off Cook-Out June 10 - Trip to Holy Land (LaGrange GA) also Animal Safari June 16 - Rockin' Jump June 23 - Biscuits Baseball</p> <p>Check your calendars and bring your friends. We are looking forward to an awesome summer with you! Amy and Scott</p>
Worship Service	8:15 a.m.	
Sunday School	9:15 a.m.	
Morning Social	10:00 a.m.	
Choir Practice	10:00 a.m.	
Worship Service	10:30 a.m.	
UMYF	5:00 p.m.	
Family Promise Week Ends		
Monday, June 5		
Walking Group (M-F)	7:15 a.m.	
Tuesday, June 6		
Prayer Group	7:15 a.m.	
Wednesday, June 7		
SUPPERS AND PROGRAMS RESUME SEPTEMBER 6, 2017		
Choir Practice	7:00 p.m.	
Thursday, June 8		
PRIMETIMERS—Sinclairs on Vaughn Road	11:30 a.m.	
Friday, June 9		
Sew n Sews	10:00 a.m.	
Saturday, June 10		
No Events Currently Scheduled		
		<p style="text-align: center;">Psalm 71:8-9,15,17-18</p> <p>⁸ My mouth is filled with your praise, and with your glory all day long. ⁹ Do not cast me off in the time of old age; do not forsake me when my strength is spent. ¹⁵ My mouth will tell of your righteous acts, of your deeds of salvation all day long, though their number is past my knowledge. ¹⁷ O God, from my youth you have taught me, and I still proclaim your wondrous deeds. ¹⁸ So even to old age and gray hairs, O God, do not forsake me, until I proclaim your might to all the generations to come.^[a]</p>

You Are In Our Prayers!!

Whitfield Members

Vivian Rogers, Kirk Wood, Peggy Brown, Martha Parker, Alma Reynolds, Jo Moody, Peter Brambir, Joan Rodgers, John Woodson, Dottie Suber, Charlotte Brambir, Mildred Jones, Betty Fuller, Bill Fischer, Kay Littlepage, Brownie Brown, Lib Cain, Tom Burns, Caryll Carrick, Elmer Stelk, Eloise Parsons, Jim Solomon, Edna Kohn, Helon Haack, Susan Richardson, Telsie Davis, Betty Woodson, Ashton Mashburn, Thursa Brown, Betty Bradsher, Jay Byrd

Home Bound Members (in-town)

Nealie Pruitt, Emmett Turner, Teresa Chavers, Rubye Solomon, Margaret Deacy, Wayne Read, Delores Dodson, Mitzi Warren, Libby Richardson, Lois Payne

Home Bound Members (out of town)

Elaine McBride, Martha Payne, Juanita Pritchett, Katie Hopper

Friends of Whitfield

Wayne Russell, Verna Stevens, Bill Miller, Jeff Varner, Sharon Brugh, Margaret Ann Batley, Emma Hope Shaw, Joy Lushington, Doug Estes, Kate Lindsey, Mona Pirsig, Mary Ellen Millis, Paul Lanier, Myles Wright, Ashley Dunwoody, Beverly Cornwell, Jean Cantey, Mac Macready, Darlene Fox, JoAnne Westery, Wayne Merritt, Bailey Casteel, Molly Nelson Brantley, Susannah Jones Cleveland, Jack Behm, Philip Landry, Aaron Turner, Dessie Varner, Douglas Nelson

Peace for the nations and protection for all those who live and serve in harm's way.

Note: Please submit any names you would like added to the church via telephone (281-2467) or e-mail (whitumc@bellsouth.net) All names submitted are kept on the prayer list for **four weeks** unless otherwise notified. *Those names in Italics are in need of long term prayers.*

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RETURN SERVICE REQUESTED

WHITFIELD STAFF MEMBERS

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Reverend Carolyn Nelson
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Music Director

Angie Mitchell
amitchell@whitfieldumc.org

Young Adult Director

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Financial Assistant

Kristi Milano
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Nursery Director

Daisy Stelk

Administrative Assistant

Jennifer Andrews
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Organist

Telsie Davis
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Kindergarten Director

Jane Ruud
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Nursery Co-Director

Mary Stone

Custodian

Larry London

Phone: 334-281-2467; **Fax:** 334-281-2698

E-mail: whitumc@bellsouth.net

Church Office Hours:

8:15-12:30 and 1:30-4:15, M-Th

8:15-12:30 p.m. Friday

Sunday Services: 8:15 & 10:30 a.m.

Sunday School: 9:15 a.m.

Worship Assistants - June 4 (Communion)

Ushers: (8:15) Mary Thomason
(10:30) Carl Stevenson, Ron Capel,
Amanda Senn, Brownie Brown

Counters: Jan Heath,
Gene Holsenbeck

Van Driver: Ron Capel

Soundboard: (8:15) Harry Brantley
(10:30) Steve Duffee

Readers: (8:15) Mark Willis
(10:30) Earl Heath

Children's Worship: Communion