

THE WHITFIELD



SPIRIT

For Members and Friends of Whitfield Memorial United Methodist Church

May 22-May 29, 2016

“Do Not Worry”

Dear Whitfield Family,

Hello to my brothers and sisters in Christ. In the song “Don’t Worry, Be Happy” by Bobby McFerrin, the following words are shared, *“Here’s a little song I wrote. You might want to sing it note for note. Don’t worry, be happy. In every life we have some trouble. When you worry you make it double. Don’t worry, be happy...”* As Christians, it is important for us to remember that the concept of avoiding unnecessary worry is biblical, as well. Throughout scripture, God reminds us not to worry. Three times in Matthew 6:25-34 Jesus says, “Do not worry.” According to Reverend John David Walt, former Dean of the Chapel at Asbury Theological Seminary in Wilmore, Kentucky, “These three words may well be the most practical words Jesus ever spoke to the human race.” Additionally, Walt shares the following fifteen reasons why worry is so detrimental to our thriving as human beings.

1. Worry erodes faith.
2. Worry destroys trust.
3. Worry extinguishes peace.
4. Worry leads to anxiety.
5. Worry fosters practical atheism.
6. Worry robs us of joy.
7. Worry foments a scarcity mentality.
8. Worry blinds us to abundance.
9. Worry kills extravagance.
10. Worry compounds insecurity.
11. Worry activates self-centeredness.
12. Worry germinates sin.
13. Worry squelches love.
14. Worry focuses our attention on secondary issues.
15. Worry keeps us from the kingdom of God.

Yes, we are broken people living in a fallen world corrupted by sin. Yes, as the aforementioned song says, “In every life we have some trouble.” However, as God’s beloved sons and daughters, may each of us make the conscious decision and put forth the effort necessary to shift our focus from earthly problems and resulting worry to God, our problem-solver. He is faithful!

Trusting our faithful God,

Carolyn

“So do not worry saying, ‘What shall we eat?’ or ‘What shall we drink?’ or ‘What shall we wear?’ For the pagans run after all these things, and your heavenly Father knows that you need them. But seek first his kingdom and his righteousness, and all these things will be given to you as well. Therefore do not worry about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own.”

Matthew 6:31-34

“For the kingdom of God is not a matter of eating and drinking, but of righteousness, peace and joy in the Holy Spirit.”

Romans 14:17

Congratulations to Whitfield's Kate Blackwell, who was inducted into the National Honor Society!
Kate attends Evangel Christian Academy.



Wednesday Night Dinner

May 25

Menu: Fried Chicken, Rice & Gravy, Squash Casserole, Biscuit & Dessert.

Program:

5th Sunday Luncheon

Spaghetti Fundraiser
For Blue Lake Camp Scholarships
Sunday, May 29th



VBS is just around the corner!

Our Surf Shack VBS will be held June 13 - 16, 5:30 - 8:00 p.m. All volunteers are welcomed and needed.

Please let Patty know that you are interested in helping.

Volunteer Training is Sunday, June 5, 2:00

HAPPY RETIREMENT!

Congratulations to our own Angie Mitchell, who is retiring after 40 years of teaching! Angie's final day in the classroom is Friday, May 20. Most recently, she has served as the sixth through eighth grade history teacher at East Memorial Christian Academy. On her final Monday, May 16, Angie shared the following words on Facebook, "Ta-dah!!!! Here it comes! My last week of teaching forever! Oh, no! I just got teary-eyed! Didn't expect that! I guess that means I have loved my job for 40 years! Gotta go! I have 7:00 am before care this week." Angie, thank you for a job well done and may God continue to bless, guide and use you in this new season of life!

ALTAR FLOWERS

The flowers on the altar for May 22 are offered to the Glory of God and in loving memory of Harold & Edith Brown by Brownie & Peggy.



Montgomery Area Council on Aging Meals on Wheels

Whitfield recently received a big "thank you" from MACOA for the generous contribution of meals that have been donated to them from the unused portions of Wednesday Night Suppers. The donated food provided enough for approximately 75 meals which helps MACOA ensure that no senior goes hungry.

Special thanks to Elaine Klepac and Ella Mae Eggers for being good stewards of Whitfield's bounty by taking the extra time to deliver the food to MACOA and also to Friendship Mission.

Congratulations.....

Our congratulations to Betty Dawkins on the birth of her 5th great-granchild,

John Taylor Calhoun

Born: May 7, 2016

Weight: 8 lbs. 7 oz.

Welcomed by parents: Scott & Lauren Calhoun.

Attendance May 15, 2016

Sunday School 71

Morning Worship 118

SCHEDULED EVENTS

Youth News....

Sunday, May 22

Worship Service	8:15 a.m.
Sunday School	9:15 a.m.
Morning Social	10:00 a.m.
Choir Practice	10:00 a.m.
Worship Service	10:30 a.m.
UMYF	11:30 a.m.

Monday, May 23

Walking Group (M-F)	7:15 a.m.
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Tuesday, May 24

Prayer Group	7:15 a.m.
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Wednesday, May 25 - Last WNS until September

Wednesday Night Supper	5:30 p.m.
Program	6:15 p.m.
Children's Activities	6:15 p.m.
Youth Engage	6:15 p.m.

Thursday, May 26

No events currently scheduled

Friday, May 27

Sew n sews	10:00 a.m.
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Saturday, May 28

No events currently scheduled

Sunday, May 29 - 5th Sunday - Blue Lake Spaghetti Lunch

Monday, May 30 - Memorial Day - Office Closed

Coming soon the Youth will marketing some custom made Whitfield UMC/ Christian t-shirts this summer as a fundraiser for their youth trip in December. Everyone will have the opportunity to sport their very own Whitfield shirts!

Praise the Lord!

Beverly

Proverbs 4:20-26

²⁰ My child, pay attention to what I say.
Listen carefully to my words.

²¹ Don't lose sight of them.

Let them penetrate deep into your heart,

²² for they bring life to those who find them, and healing to their whole body.

²³ Guard your heart above all else,
for it determines the course of your life.

²⁴ Avoid all perverse talk;
stay away from corrupt speech.

²⁵ Look straight ahead, and fix your eyes
on what lies before you.

²⁶ Mark out a straight path for your feet;
stay on the safe path.

You Are In Our Prayers!!

Whitfield Members

Vivian Rogers, Kirk Wood, Jay Byrd, Louise Gargus, Bill Fischer, Peggy Brown, Martha Parker, Henrietta Cusick, Elmer Rogers, Alma Reynolds, Jo Moody, Peter Brambir, Betty Woodson, Jim Solomon, Libby Richardson, Joan Rodgers, Thursa Brown, John Woodson, Dottie Suber, Rodney Blankenship, Martha Pippin, Charlotte Brambir, Mildred Jones, Betty Fuller, Helon Haack, Telsie Davis, Edna Kohn, Kay Littlepage, Brownie Brown, Lib Cain, Tom Burns, Caryll Carrick, Elmer Stelk, Eloise Parsons, Sawyer Johns, Rodney Blankenship

Home Bound Members (in-town)

Lois Payne, Johnnie Smith, Nealie Pruitt, Emmett Turner, Teresa Chavers, Ruby Solomon,
Helen Lawrence, Margaret Deacy, Wayne Read, Delores Dodson, Mitzi Warren, Hazel Askew, Maxene Fischer

Home Bound Members (out of town)

Elaine McBride, Martha Payne, Juanita Pritchett, Katie Hopper

Friends of Whitfield

Robert Hoyt, Wayne Russell, Verna Stevens, Ann Gilliland, Mary Mellott, Trisha Dunn, Bill Miller, Jeff Varner, Leon Shirley, Doug Dennis, Sharon Brugh, Margaret Ann Batley, Gwinn Corley, Emma Hope Shaw, Joy Lushington, Marty Trawick, Charles Pointer, Doug Estes, Dan & Kate Lindsey, Myrtle Knight, Mona Pirsig, Kenneth Means, Nathan Hamilton, Mary Ellen Millis, Frank Ruud, Jerry Huie, Rev. David Stuart, Paul Lanier, Myles Wright, Ashley Dunwoody

Peace for the nations and protection for all those who live and serve in harm's way.

Note: Please submit any names you would like added to the church via telephone (281-2467) or e-mail (whitumc@bellsouth.net) All names submitted are kept on the prayer list for **four weeks** unless otherwise notified. *Those names in Italics are in need of long term prayers.*

Whitfield Memorial United Methodist Church
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www.whitfieldumc.org

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RETURN SERVICE REQUESTED

WHITFIELD STAFF MEMBERS

Pastor

Reverend Carolyn Nelson
cnelson@whitfieldumc.org

Music Director

Angie Mitchell
amitchell@whitfieldumc.org

Youth Director

Beverly Brown
bbrown@whitfieldumc.org

Financial Assistant

Kristi Milano
kmilano@whitfieldumc.org

Nursery Director

Daisy Stelk

Administrative Assistant

Jennifer Andrews
whitumc@bellsouth.net

Program Director

Patty Macready
pmacready@whitfieldumc.org

Organist

Telsie Davis
tdavis@whitfieldumc.org

Kindergarten Director

Jane Ruud
jruud@whitfieldumc.org

Nursery Co-Director

Mary Stone

Custodian

Larry London

Phone: 334-281-2467; **Fax:** 334-281-2698

E-mail: whitumc@bellsouth.net

Church Office Hours:

8:15-12:30 and 1:30-4:15, M-Th

8:15-12:30 p.m. Friday

Sunday Services: 8:15 & 10:30 a.m.

Sunday School: 9:15 a.m.

**Worship Assistants - May 22
(4th Sunday)**

Ushers: (8:15) Gene Holsenbeck
(10:30) Youth

Counters: Martha Pippin, Ida McCain

Van Driver: Pam Merritt

Soundboard: (8:15) Harry Brantley
(10:30) Jeannie Anderson

Readers: (8:15) Margaret Feld
(10:30) Jeannie Anderson

Children's Worship: TJ Whitehead,
Patty Macready